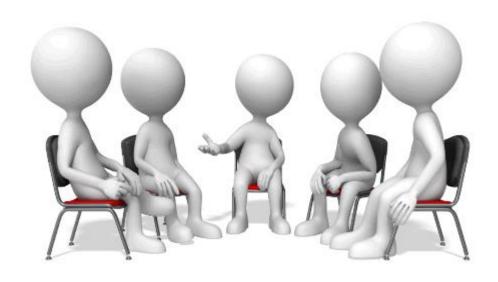
FREE IMMIGRANT SUPPORT GROUP IN BRADFORD



At times, do you feel isolated?
Do you need help to overcome a traumatic experience?
Would you like emotional support and strategies on how to adapt to a new country?
Would you like to talk about your feelings in a safe and supportive environment?

COMING TO CANADA CAN BE CHALLENGING.

LEARNING A NEW LANGUAGE, NEW CULTURE AND LEAVING A FAMILY BEHIND IS DIFFICULT.

WE OFFER A SAFE PLACE TO MEET NEW PEOPLE AND INTEGRATE INTO CANADIAN SOCIETY.

SECOND AND LAST WEDNESDAY OF EACH MONTH – 6PM TO 8PM Currently being offered virtually due to COVID19



FOR MORE INFORMATION, PLEASE CONTACT:

BRADFORD IMMIGRANT & COMMUNITY SERVICES

Call: (905) 775-3343 or Email: programs@bradfordimmigrant.ca